

LIFE IS HARD BUT GOD IS GOOD!

LAMENTATIONS 3:17-32

JUNE 27, 2021

INTRODUCTION

1. Dwelling on your sorrow will only increase your _____.

Lamentations 3:17-18 (NIV) - *I have been deprived of peace; I have forgotten what prosperity is. So I say, "My splendor is gone and all that I had hoped from the Lord."*

a. Dwelling on your sorrow will _____ your life.

Lamentations 3:19 - *Remember my affliction and my wanderings, the wormwood and the gall!*

Hebrews 12:15 - *See to it that no one fails to obtain the grace of God; that no "root of bitterness" springs up and causes trouble, and by it many become defiled.*

b. Dwelling on your sorrow leads to _____ and _____.

Lamentations 3:20 - *My soul continually remembers it and is bowed down within me.*

Psalms 43:5 - *Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.*

There is a turning point that comes where we must decide what we will focus on in life.

Lamentations 3:21 - *But this I call to mind, and therefore I have hope.*

2. Choosing to remember God's faithfulness brings Hope.

a. God is faithful in His great love for you.

1. His compassions never _____.

Lamentations 3:22 (NIV) - *Because of the Lord's great love we are not consumed, for his compassions never fail.*

2. His compassions are new every _____.

Lamentations 3:23 - *They are new every morning; great is your faithfulness.*

Jeremiah 33:20-21 - *"Thus says the Lord: If you can break my covenant with the day and my covenant with the night, so that day and night will not come at their appointed time, then also my covenant with David my servant may be broken, so that he shall not have a son to reign on his throne, and my covenant with the Levitical priests my ministers."*

Therefore:

Lamentations 3:24 - *"The LORD is my portion," says my soul, "therefore I will hope in him."*

Psalms 73:26 - *My flesh and my heart may fail, but God is the strength of my heart and my portion forever.*

b. God is faithful in His goodness to you.

1. Learn to trust His _____.

Lamentations 3:25 - *The LORD is good to those who wait for him, to the soul who seeks him.*

Exodus 34:6-7a - *The Lord passed before him and proclaimed, "The Lord, the Lord, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness, keeping steadfast love for thousands."*

2. Learn to trust His _____.

Lamentations 3:26 - *It is good that one should wait quietly for the salvation of the LORD.*

3. Learn to trust His _____.

Lamentations 3:27 - *It is good for a man that he bear the yoke in his youth.*

Hebrews 12:11 - *For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.*

CONCLUSION

For the Lord will not cast off forever, but, though he cause grief, he will have compassion according to the abundance of his steadfast love; for he does not afflict from his heart or grieve the children of men. "I called on your name, O Lord, from the depths of the pit; you heard my plea, 'Do not close your ear to my cry for help!' You came near when I called on you; you said, 'Do not fear!' "You have taken up my cause, O Lord; you have redeemed my life. (Lamentations 3:31-33; 55-58)